




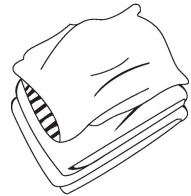



Routine Practices

For All Health Care Settings

ROUTINE PRACTICES to be used with ALL PATIENTS/RESIDENTS/CLIENTS

	<p>Hand Hygiene</p> <p>Hand hygiene is performed using soap and water or alcohol-based hand rub:</p> <ul style="list-style-type: none">• Before and after each patient/resident/client contact• Before performing invasive procedures• Before putting on and after taking off gloves and personal protective equipment• Whenever hands come into contact with secretions, excretions, blood and body fluids• After contact with items in the patient/resident/client's environment
	<p>Mask and Eye Protection or Face Shield</p> <ul style="list-style-type: none">• Protect eyes, nose and mouth during procedures and care activities likely to generate splashes or sprays of blood, body fluids, secretions or excretions.
	<p>Gown</p> <ul style="list-style-type: none">• Wear a long-sleeved gown if contamination of skin or clothing is anticipated.
	<p>Gloves</p> <ul style="list-style-type: none">• Wear gloves when there is a risk of hand contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated surfaces or objects.• Wearing gloves is NOT a substitute for hand hygiene.• Remove immediately after use and perform hand hygiene after removing gloves.
	<p>Environment and Equipment</p> <ul style="list-style-type: none">• All equipment that is being used by more than one patient/ resident/ client must be cleaned between patients/residents/clients.• All frequently touched surfaces in the patient/resident/client's room must be cleaned daily.
	<p>Linen and Waste</p> <ul style="list-style-type: none">• Handle soiled linen and waste carefully to prevent personal contamination and transfer to other patients/residents/clients.
	<p>Sharps Injury Prevention</p> <ul style="list-style-type: none">• NEVER RECAP USED NEEDLES.• Place sharps in sharps containers.• Prevent injuries from needles, scalpels and other sharp devices.• Where possible, use safety-engineered medical devices.