

CHECK IN ONLINE

Did you know?

Now you can **check in online** for NL Health Services appointments at **MyHealthNL.ca**, or on the **MyChart app**.

Completing these steps before you arrive can help speed up your check-in.

Step 1

Get ready for your appointment by answering a few registration questions in **MyHealthNL** (up to 7 days in advance)

RD Initial Assessment
🕒 Arrive by 10:05 AM NDT
👤 Family Care Team - St. John's Center
👤 With Dr. P Family Medicine, MD
Get Ready
View details

Additional Check-In Questions
For an upcoming appointment with Dr. P Family Medicine, MD on 14/4/2026
* Indicates a required field.
* Will you need an interpreter for this appointment?
 Yes No
* What is your Mother's First Name?

You are ready to check in!
The information you've submitted is now on file. Scan this barcode when you arrive to save time. You can use the MyChart app or a printed barcode.
When you arrive, you will need to:
✈️ Verify Travel History
AC100598835
[Print your barcode](#)

Step 2

On appointment day, let staff know you've arrived by opening **MyHealthNL** and selecting **"I'm here"**

RD Initial Assessment
🕒 Arrive by 10:05 AM NDT
👤 Family Care Team - St. John's Center
👤 With Dr. P Family Medicine, MD
I'm Here
View details

Notify staff that you have arrived – or, if you're almost there, select an estimated arrival time.

Confirm you've arrived

Are you currently in the Family Care Team - St. John's Center reception area for your visit at 9:40 AM? You might be called back shortly.

I'm here

I'm almost there

How long until you arrive?

5 minutes

10 minutes

15 minutes

Later

You may be asked a few questions to verify your identity. You can also provide helpful visit information upfront, like your preferred pharmacy.

Which pharmacy would you like to use for this visit?

Additional Check-In Questions

* What is your Mother's First Name?

Is this visit related to a workers' compensation, auto, or third-party liability accident?

Yes

No



Welcome!

We've checked you in. Please wait for your name to be called.

Access more of your health info

in one spot

The MyHealthNL App is powered by MyChart® licensed from Epic Systems Corporation, © 1999-2025.



NL Health Services

MyHealthNL

OneSpotNL.ca