

CUSTOMIZE YOUR COMMUNICATION SETTINGS

Access more of your health info

in one spot

Did you know?

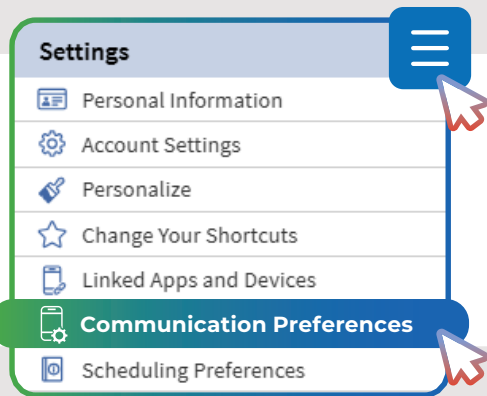
You can choose how you want to get notifications from NL Health Services in your MyHealthNL account.

Step 1

Log in at MyHealthNL.ca, the [MyChart app](#) or MyGovNL.ca



Step 2

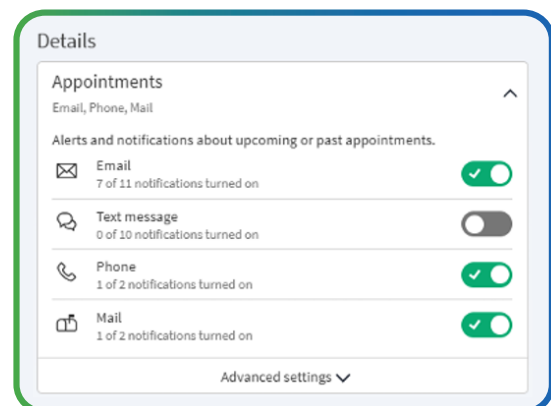
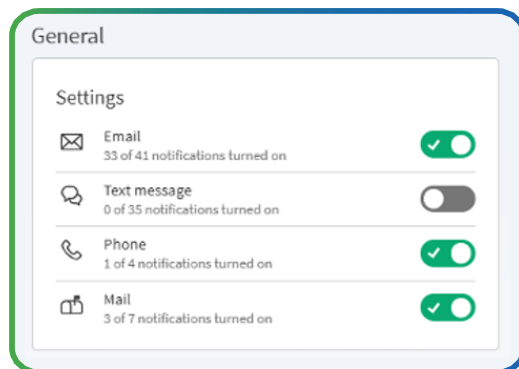


- Open the **Navigation menu** on the left-hand side
- Scroll down to **Settings > Communication Preferences**

Step 3

Fully customize how you receive your notifications

Under **General Settings**, turn on or off email, text messages, and phone push notifications



Under **Detailed Settings**, you can tailor the notification type by service

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